

WEEK 3

| Choose from | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------|--|--------------------------------------|-----------------------------------|--|--------------------------------------|
| Main | All day breakfast | Macaroni Cheese | Chicken Pie | Chicken Curry | Cod in Batter |
| | to go with | to go with | to go with | to go with | to go with |
| | Homemade Herby Diced Potatoes | Sweetcorn | Broccoli, Mashed Potato, Gravy | Mixed Rice, Garlic & Coriander Naan Bread, Peas | Baked Beans, Chips |
| Vegetarian Combo | Quorn Sausages | Jacket Potato With Baked Beans | Quorn Fillet | Autumn Vegetable Stew | Home-made Pizza |
| | to go with | to go with | to go with | to go with | to go with |
| | Baked Beans, Homemade Herby Diced Potatoes | Baked Beans | Broccoli, Mashed Potato, Gravy | Mixed Rice, Peas | Peas, Potato Wedges |
| | Jacket Potato | Jacket Potato | | <u></u> | Wrap |
| | to go with | to go with | | | to go with |
| | Tuna & Sweetcorn Mayo JP Filling | Salmon & Tomato - JP Filling | | - | Baked Beans, Chips, Grated Cheese |
| | | | T. | | |
| Sp. | | * | 6 | | · · |
| | Chocolate Mousse | Strawberry Iced Smoothie | Pineapple Upside-down Pudding | Fruit Flapjack | Mandarin Cheesecal |
| and to Sinich! | | | Fresh Fruit Bar, | Fresh Fruit Bar, | Fresh Fruit Bar, |
| and to finish! | Fresh Fruit Bar, Yoghurt, Cheese and | Fresh Fruit Bar, Yoghurt, Cheese and | Yoghurt, Cheese and | Yoghurt, Cheese and | Yoghurt, Cheese and |