



Menu – Autumn 1

BREAKFAST CLUB:

Week Day	Monday	Tuesday	Wednesday	Thursday	Friday
Menu	<p>Food Choice of cereals, toast, fruit of the day</p> <p>Drink Water or Milk</p>	<p>Food Choice of cereals, toast, fruit of the day</p> <p>Drink Water or Milk</p>	<p>Food Choice of cereals, toast, fruit of the day</p> <p>Drink Water or Milk</p>	<p>Food Choice of cereals, toast, fruit of the day</p> <p>Drink Water or Milk</p>	<p>Food Choice of cereals, toast, fruit of the day</p> <p>Drink Water or Milk</p>

AFSTERSCHOOL CLUB:

Week Day	Monday	Tuesday	Wednesday	Thursday	Friday
Menu	<p>Food Sandwich or crackers. Fillings: ham, cheese, chicken or tuna mayo.</p> <p>Served with cucumber, carrot sticks and fruit.</p> <p>Drink Water</p>	<p>Food Wraps. Fillings: ham, cheese, chicken or tuna mayo.</p> <p>Served with cucumber, carrot sticks and fruit.</p> <p>Drink Water</p>	<p>Food Hot dogs.</p> <p>Served with cucumber, carrot sticks and fruit.</p> <p>Drink Water</p>	<p>Food Sandwich or crackers. Fillings: ham, cheese, chicken or tuna mayo.</p> <p>Served with cucumber, carrot sticks and fruit.</p> <p>Drink Water</p>	<p>Food Cheese and tomato pizza.</p> <p>Served with cucumber, carrot sticks, breadsticks and fruit.</p> <p>Drink Water</p>

NB: We will occasionally offer the children a treat of a bourbon or digestive biscuit.